

JUNGLE BERRY JUICE



SMOOTHIE MAKER RECIPE

[vc_row][vc_column][vc_column_text]If you're looking for a fantastic fruity fix, this Jungle Berry Smoothie is the one for you! Mix smooth strawberry yoghurt with a delicious mixture of berries to make this berrytastic beverage - then add creamy banana for a jungle twist![/vc_column_text][vc_column][vc_row]

INGREDIENTS

½ peeled chilled ripe banana diced into ½ inch cubes

3 chilled strawberries diced into ½ inch cubes

3 chilled raspberries cut in half

3 de stoned cherries cut in half

120ml strawberry yoghurt

70ml fresh full fat milk

METHOD

STEP ONE

Peel and chop fruit into small pieces

STEP TWO

Cool the fruit in the fridge until chilled

STEP THREE

Place fruit, milk and yoghurt into the smoothie maker

STEP FOUR

Blend until smooth

STEP FIVE

Pour into glasses

STEP SIX

Decorate with strawberries and/or cherries